



Dutchess County:

378 Violet Avenue
Poughkeepsie, NY 12601
Phone: 845-452-2728
Fax: 845-452-2793
Email: PEOPLEHQPK@aol.com

Ulster County:

360 Aaron Court
Kingston, NY 12401
Phone: 845-331-4965
Fax: 845-331-4973
Email: PEOPLEProjects@aol.com

Orange County:

1612 Rt. 9W
Milton, NY 12547
Phone: 845-795-2346
Fax: 845-795-2240
Email: Hdiversion@aol.com

Web Site: www.projectstoempower.org

Mr. Skip Weisman
Weisman Success Resources, Inc.
3 Neptune Rd. – A18D
Poughkeepsie, NY 12601

Dear Skip:

I am writing to let you know how much your Breakthrough F.O.C.U.S. strategies have made a difference in my personal and professional life.

As someone with bi-polar disorder the strategies I learned in working with you have allowed me to live with, understand and effectively adapt to my symptoms without having to rely solely on medication to maintain a healthy lifestyle.

In the time since I experienced the power of the strategies from your F.O.C.U.S. coaching program I have continued to practice them on a regular and consistent basis. They have allowed me to maintain a good balance between my professional and family life in a very healthy manner.

I believe your work could benefit many others challenged with mental and physical health disorders in much the same way as it did me and would recommend your F.O.C.U.S. coaching and consulting programs to any individual or organization looking to improve their performance.

Thank you for your coaching, insights and friendship and I look forward to continuing our work together so that I can take my agency to even greater levels of success.

Sincerely,

Steve Miccio
Executive Director
PEOPLE, Inc.