

**MID HUDSON SCHOOL OF YOGA
ELITE YOGA ACADEMY**

J.A. CARUSO, DIRECTOR

Mr. Skip Weisman:

Could it be any more obvious that you were destined to live up to your name and become the WISE MAN that you are?

I can always count on you for a fresh, logical, practical, and WORKABLE solution to any challenge that I need help with.

I often think about you and your limitless well of wisdom. Remember Lao Tzu's great teaching?

"Those who speak know not. Those who know speak not."

You are reserved and very modest but you KNOW a lot! When you speak you KNOW what you are talking about.

I have known you for 10 years. You have been one of my best Yoga Students and I have been one of your many clients. I can say with all certainty that you walk your talk sir!

I cannot thank you enough for your many hours of motivation, inspiration, and guidance for my staff and myself. Let's make the next 10 years even better!

Blessings and Gratitude,

James A. Caruso, Director
Mid Hudson School of Yoga